

KAISAH MYFASSAR

AGE	VACCINE (dose)	GIVEN ON	SIGNATURE
Birth	BCG 108048A Hep B Vac AH5V83M	05-09-09 4/7/09	Amrikh.
2 Months (1 st dose)	DPT + HIB OPV, ROTA Hep B Vac Pneumococcal	04/09/09	Indrawisa
4 Months (2 nd dose)	DPT + HIB OPV, ROTA Hep B Vac Pneumococcal	25/11/09 25/11/09 25/11/09	Hary.
6 Months (3 rd dose)	DPT + HIB OPV Hep B Vac Pneumococcal	14/01/10	Cesar
12 Months	MMR1 A15R858DA Chickentox (varicella)	11/5/10	cap
18 Months (1 st booster)	DPT + HIB MMR - A15R858DA OPV - ESST10 Pneumococcal - ES49AS	14/3/11	Nader
4-6 years (2 nd booster)	DTaP OPV MMR 2 Varicella	4/5/15	MWRM
11-12 years	Tetanus/DT OPV		



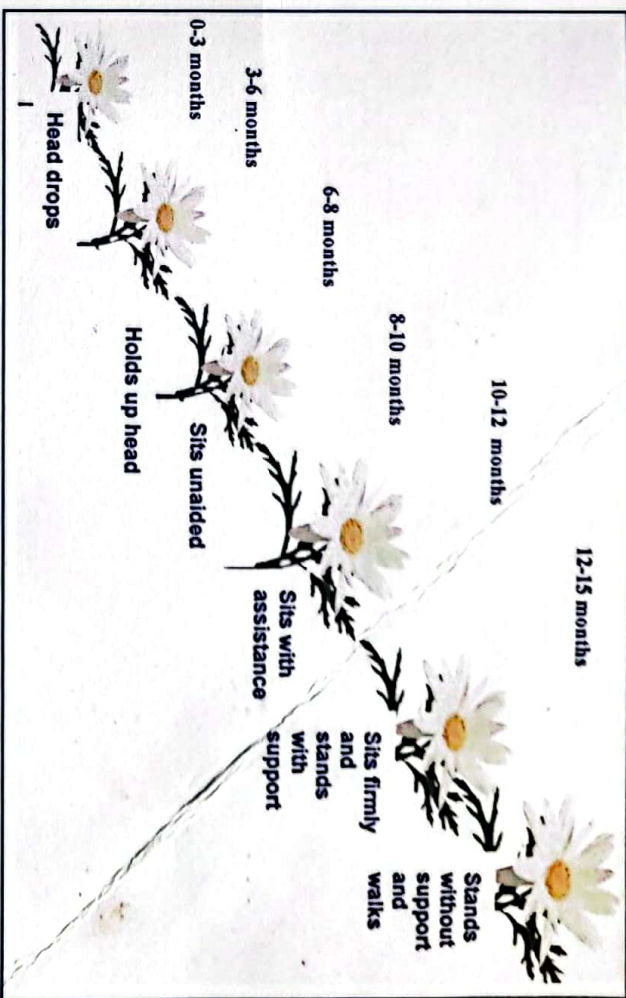
"Common adverse effect"
Pain, Redness and Swelling at injection site
Fever

"Treatment"
Give paracetamol every 6 to 8 hours as needed
Put warm compress on injection site
If worried about child call doctor

Before the immunization tell your doctor if your child:

- ⊗ Has ever had fits or convulsions
- ⊗ Had a bad reaction to the last dose
- ⊗ Is unwell in anyway

Current Immunization Schedule in State of Qatar 2009



Breast Feeding:

- Breast milk contains a balance of nutrients
- Breast milk is easy for baby to digest
- Breast milk contains antibodies that protect your baby
- Breast milk actually changes to keep up with baby.
- Breast-feeding creates mother child bonding.

Weaning is the introduction of solid food... How to Start ?

The best way to decide how and what food to give is to follow baby's development.

- Stage 1 - First taste - smooth foods around 6-7 months
- Stage 2 - Learn to chew - soft lumps 8-9 months
- Stage 3 - Self feeding - finger food, lumps 9-12 months
- Stage 4 - Family diet with modifications after 12 months.

- ✗ Avoid giving raw vegetables, raisins, hotdogs or meat chunks.
- ✗ nuts or hard candies before 2 years.
- ✗ No cow's milk for the 1st year.