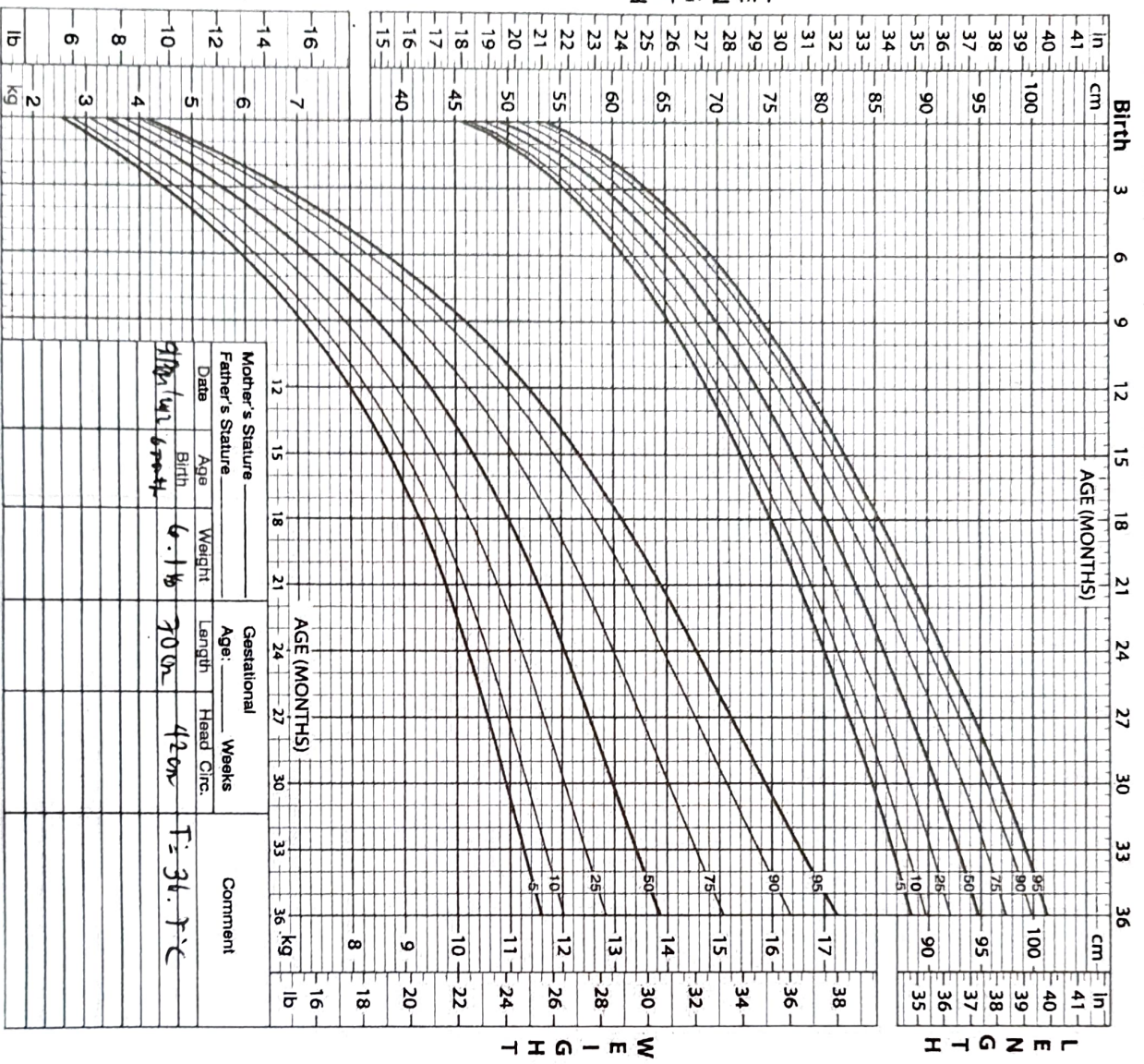


Birth to 36 months: Girls
Length-for-age and Weight-for-age percentiles



Published May 30, 2000 (modified 4/20/01)
SOURCE: Developed by the National Center for Health Statistics in collaboration with the National Center for Chronic Disease Prevention and Health Promotion. (2000). <http://www.cdc.gov/growthcharts>





Qatargas Operating Company Ltd.
Doha Medical Center

Immunization Guide and Record



Child Name : Kaneska
Staff No. : RG 3341
Date of Birth : Oct 06, 2011
Blood Type :

YOUR CHILD'S IMMUNIZATION SCHEDULE

Age	Birth	2 Months	4 Months	6 Months	12 Months	15 Months	18 Months	24 Months	3-4 Years	4-6 Years	11-12 Years
Vaccine											
BCG											
Hepatitis B											
*Hexa DTaP+Hib+H BV+IPV)		Dec 6, 2011									
**Penta (DTaP+ Hib+Hib)											
Rotavirus		Dec 6, 2011									
Oral Polio Vaccine											
Pneumococcal Vaccine		Dec 6, 2011									
Measles, Mumps, Rubella											
Varicella											
Hepatitis A											
Influenza											
Meningococcal ACYW135											

*Hexa: DTaP, Diphtheria, Pertussis, Tetanus) + Hib (Haemophilus influenzae type b) + HBV (Hepatitis B) + IPV (Injectable Polio)

**Penta: DTaP (Diphtheria, pertussis, Tetanus) + Hib (Haemophilus influenzae type b) + HBV (Hepatitis B)

*** Tetra (DPT + Hib)

Are the vaccines recommended for routine administration to children

New Vaccines

Rescheduled

Following immunization inform the doctor/nurse if your child is suffering from:

- Epileptic fits, seizures or convulsions
- Any untoward reaction from the previous vaccinations
- Severe cough / colds with fever and not feeling well in anyway

Common Immunization Reactions

Local Swelling, redness and pain at the injection site fever

Home Care Advice for Immunization Reactions

Local Reaction at Injection Site:

Cold Pack: 20 minutes each hour as needed
Fever: Give acetaminophen or Ibuprofen by mouth as needed.

Localized Hives: Apply 1% hydrocortisone cream OTC once or twice

NEXT VACCINATION

Date	Vaccine

BENEFITS OF BREASTFEEDING

- Children receive the most complete and optimal mix of nutrients & antibodies. The varying composition of breastmilk keeps pace with the infant's individual growth and changing nutritional needs.
- Fewer incidences of vomiting and diarrhea
- Protection against gastroenteritis, necrotizing enterocolitis, ear infections, respiratory illnesses, pneumonia, bronchitis, kidney infections, septicemia/blood poisoning, allergies, asthma, eczema, and severity of allergic disease, meningitis, bruising, childhood lymphoma, cleft's disease and ulcerative enterocolitis
- Reduced risk of chronic constipation, colic, and other stomach upsets, childhood diabetes, SIDS (sudden infant death syndrome), heart disease
- Decreased risk of tooth decay (cavities)
- Nursing promotes facial structure development, enhanced speech, straighter teeth and enhances vision.
- Breastfed infants develop higher IQ's, and have improved brain and nervous system development. IQ advantage of 10-12 points studied at ages 8, 12, and 18.
- Increased bone density
- Breastfeeding plays an important role in the emotional and spiritual development of babies
- Breastfed babies enjoy a special warm bonding and emotional relationship with their mothers
- Antibody response to vaccines are higher
- Are hospitalized 10 times less than formula fed infants in the first year of life
- The colostrum (first milk) coats the GI tract, preventing harmful bacteria and allergy-triggering protein molecules from crossing into baby's blood
- Decreased risk for vitamin E and iron deficiency anemia, acute appendicitis, rheumatoid arthritis, lingual hernia, pyloric stenosis
- There are factors in human milk that destroy E. coli, salmonella, shigella, streptococcus, pneumococcus...and many others
- Less risk of childhood obesity

Qatargas Doha Medical Center



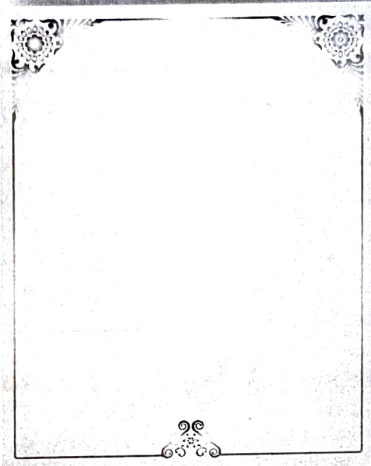
FOR MORE INFORMATION

Please Call us at:

4408-2444



My Immunization Health Record



My Photograph

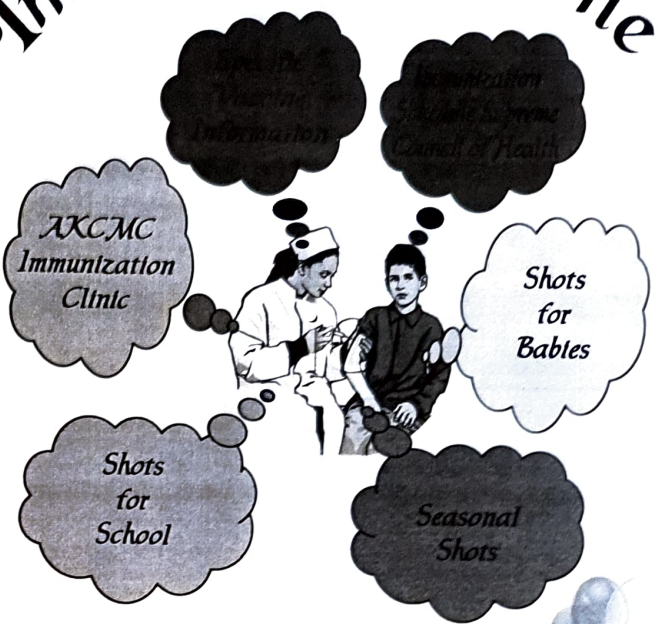
Immunize on Time

My Name: Kaneeska

My Birth Date: 06.10.2011

My Staff No: R 3368

My Blood Group: _____



15 Months Visit

Age	Weight	Length	Head Circumference	Temperature	Pulse	Respiratory Rate
15mwy	9.5	79	47.5	36.9		

Diet:	Breast Milk	<input type="checkbox"/>	Fresh Milk	<input checked="" type="checkbox"/>	Table Food	<input checked="" type="checkbox"/>
Development:	3 Word Vocabulary	<input checked="" type="checkbox"/>	Walks	<input type="checkbox"/>	Use Cup	<input checked="" type="checkbox"/>
	Indicates Wants	<input type="checkbox"/>	2 Cube Tower	<input type="checkbox"/>		
Safety:	Tobacco	<input type="checkbox"/>	Teach Hot and Cold	<input type="checkbox"/>	Child Proof Home	<input checked="" type="checkbox"/>
	Car Seat	<input type="checkbox"/>			Drowning	<input type="checkbox"/>
Parenting:	Self Feeding	<input checked="" type="checkbox"/>	Simple Games	<input type="checkbox"/>	Temper Tantrums	<input type="checkbox"/>
Dental:	Tooth Brushing	<input checked="" type="checkbox"/>	Avoid Sweets	<input type="checkbox"/>	Bottle Caries	<input type="checkbox"/>

Vaccination	Given by	Site & Route	Batch No.	Date
Tetra	cesad	Lt Deltoid	MA14CA129B	21.01.2013
PCV B		Rt Deltoid	F98681	

Notes:

Completed

2/1/13



18 Months Visit

Age	Weight	Height	Head Circumference	Temperature	Pulse	Respiratory Rate
18 mns	10	80	45.5	36.8		

- | | | | | | | |
|---------------------|------------------|--------------------------|--------------------|--------------------------|-----------------|--------------------------|
| Diet: | Breast Milk | <input type="checkbox"/> | 3 Meal/Day-Snacks | <input type="checkbox"/> | Fresh Milk | <input type="checkbox"/> |
| Development: | 4 to 10 Words | <input type="checkbox"/> | Scribbles | <input type="checkbox"/> | Climbs Stairs | <input type="checkbox"/> |
| | Household Chores | <input type="checkbox"/> | Answers Questions | | | |
| Safety: | Tobacco | <input type="checkbox"/> | Electrical Outlets | <input type="checkbox"/> | Hot Water | <input type="checkbox"/> |
| | Drowning | <input type="checkbox"/> | | | | |
| Parenting: | Toilet Training | <input type="checkbox"/> | Play with Others | <input type="checkbox"/> | Temper Tantrums | <input type="checkbox"/> |
| Dental: | Tooth Brushing | <input type="checkbox"/> | Avoid Sweets | <input type="checkbox"/> | Bottle Caries | <input type="checkbox"/> |

Vaccination	Given by	Site & Route	Batch No.	Date
MMR 2	Swan	Lt Deltoid IM	AMSJRC402AA	7-4-2013
Hepatitis A2		Rt Deltoid IM	AHAN3581FC	
OPV B		Oral	H 5525	

Notes:

4 – 6 Years Visit

Age	Weight	Height	Blood Pressure	Temperature	Pulse	Respiratory Rate
4-10	15.9kg	105cm		36.9 T		

- Diet:** 3 Meals & Snacks Importance of Breakfast
 Avoid Junk Food
- Development:** Clear Speech Copies Square Throws Ball
 Toilet Trained Tolerates Separation
- Safety:** Tobacco Safety Belts Watch Outdoor Play
 Water Safety Burns
- Parenting:** TV Programs Role Playing School
- Dental:** Tooth Brushing Avoid Sweets Dental Visit

Vaccination	Given by	Site & Route	Batch No.	Date
DTaPB	Julap	(R) arm I-m	AC148219AE	6/4/16
Varicella 2	Julap	(L) arm sc	A70CC640A	6/4/16
OPV B	Simi	oral	M5333	12/5/16

Notes:
