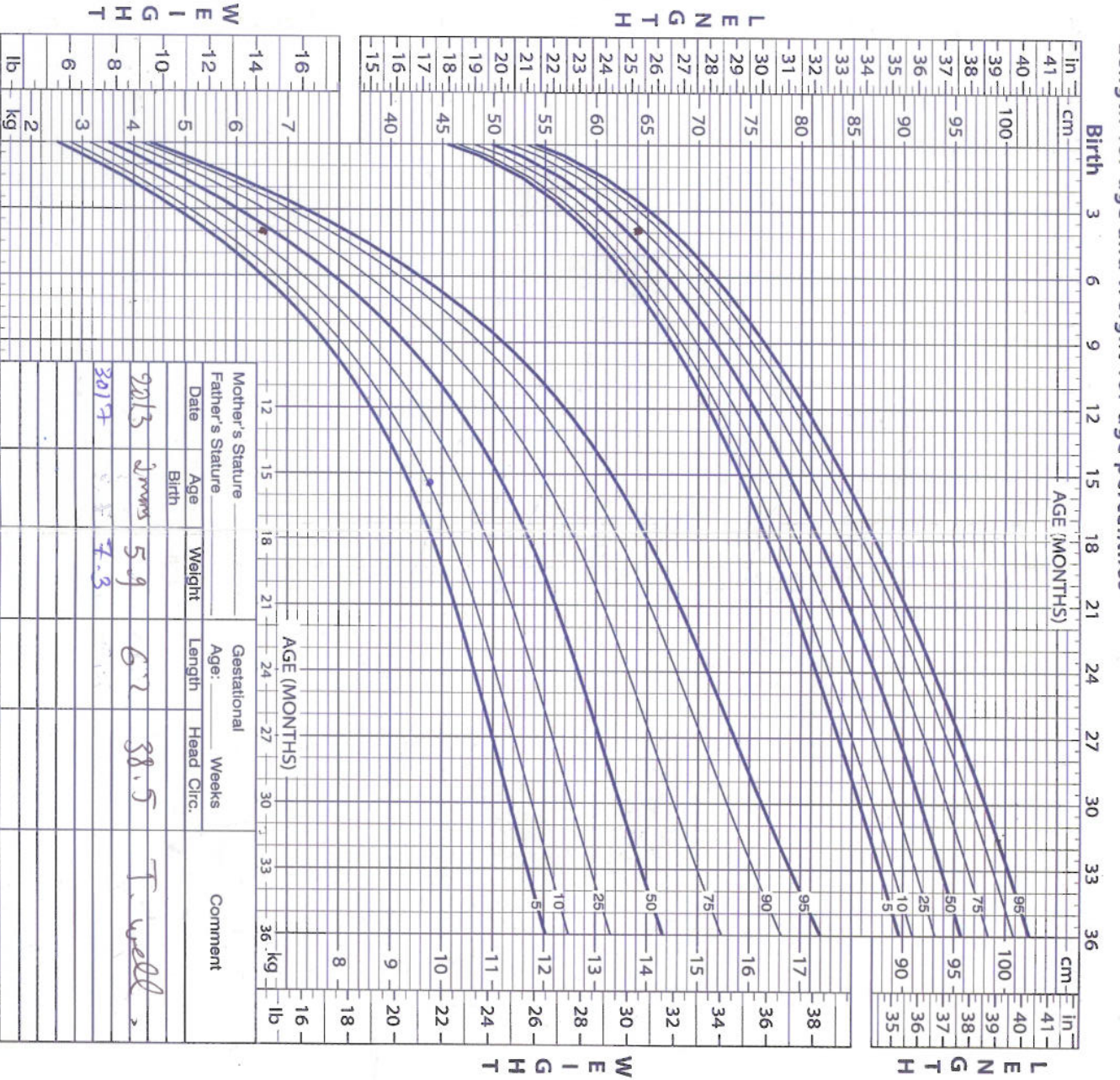
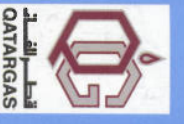


Birth to 36 months: Boys Length-for-age and Weight-for-age percentiles



Mother's Stature		Gestational Age:		Weeks		Comment
Date	Age at Birth	Length	Head Circ.			
2013	30w	67	38.5			T. well
2017	30w					

Published May 30, 2000 (modified 4/20/01).
SOURCE: Developed by the National Center for Health Statistics in collaboration with the National Center for Chronic Disease Prevention and Health Promotion (2000).
<http://www.cdc.gov/growthcharts>



Qatargas Operating Company Ltd.
Doha Medical Center

Immunization Guide and Record



Keep Kids Healthy

Child Name : Ri'Dhana
 Staff No. : 2704 DC
 Date of Birth : 18/11/2012
 Blood Type : O+ve

YOUR CHILD'S IMMUNIZATION SCHEDULE

Age	Birth	2 Months	4 Months	6 Months	12 Months	15 Months	18 Months	24 Months	3-4 Years	4-6 Years	11-12 Years
Vaccine											
BCG	18-01-12										
Hepatitis B	18-01-12										
*Hexa DTaP+Hib+H BV+(PV)		2013/12									
**Penta (DTaP+ Hib+Hib)			2013/12	2015-12		2017/12					
Rotavirus		2013/12	2015-12	2017-12							
Oral Polio Vaccine											
Pneumococcal Vaccine		2013/12	2015-12	2017-12		2019/12					
Measles, Mumps, Rubella					23-Jan	2019					
Varicella					23-Jan	2019					
Hepatitis A							27-6-13				
Influenza											
Meningococcal ACW135											

* Hexa: DTaP (Diphtheria, Pertussis, Tetanus) + Hib (Haemophilus influenzae type b) + HBV (Hepatitis B) + IPV (Injectable Polio)
 ** Penta: DTP (Diphtheria, pertussis, Tetanus) + Hib (Haemophilus influenzae type b) + HBV (Hepatitis B)
 *** Tetra (DPT + Hib)

Are the vaccines recommended for routine administration to children
 New Vaccines
 Rescheduled

Following immunization inform the doctor/nurse if your child is suffering from:

- Epileptic fits, seizures or convulsions
- Any untoward reaction from the previous vaccinations
- Severe cough / colds with fever and not feeling well in anyway

Common Immunization Reactions
 Local Swelling, redness and pain at the injection site fever

Home Care Advice for Immunization Reactions
 Local Reaction at Injection Site:
 Cold Pack: 20 minutes each hour as needed
 Fever: Give acetaminophen or Ibuprofen by mouth as needed.
 Localized Hives: Apply 1% hydrocortisone cream OTC once or twice

NEXT VACCINATION

Date	Vaccine
2015/12	4 months Vaccines

BENEFITS OF BREASTFEEDING

- Children receive the most complete and optimal mix of nutrients & antibodies. The varying composition of breastmilk keeps pace with the infant's individual growth and changing nutritional needs.
- Have fewer incidences of vomiting and diarrhea
- Protection against gastroenteritis, necrotizing enterocolitis, ear infections, respiratory illnesses, pneumonia, bronchitis, kidney infections, septicaemia/blood poisoning, allergies, asthma, eczema, and severity of allergic disease, meningitis, botulism, childhood lymphoma, cleft's disease and ulcerative enterocolitis
- Reduced risk of chronic constipation, colic and other stomach upsets, childhood diabetes, SIDS (sudden infant death syndrome), heart disease
- Decreased risk of tooth decay (cavities)
- Nursing promotes facial structure development, enhanced speech, straighter teeth and enhances vision.
- Breastfed infants develop higher IQs, and have improved brain and nervous system development. IQ advantage of 10-12 points studied at ages 8, 12, and 18.
- Increased bone density
- Breastfeeding plays an important role in the emotional and spiritual development of babies.
- Breastfed babies enjoy a special warm bonding and emotional relationship with their mothers.
- Antibody response to vaccines are higher
- Are hospitalized 10 times less than formula fed infants in the first year of life
- The colostrum, first milk, coats the GI tract, preventing harmful bacteria and allergy -triggering protein molecules from crossing into baby's blood
- Decreased risk for vitamin E and iron deficiency anemia, acute appendicitis, rheumatoid arthritis, inguinal hernia, pyloric stenosis
- There are factors in human milk that destroy E. coli, salmonella, shigella, streptococcus, pneumococcus... and many others
- Less risk of childhood obesity

Qatar Gas Doha Medical Center



QATAR GAS

FOR MORE INFORMATION

Please Call us at:
 4408-2444