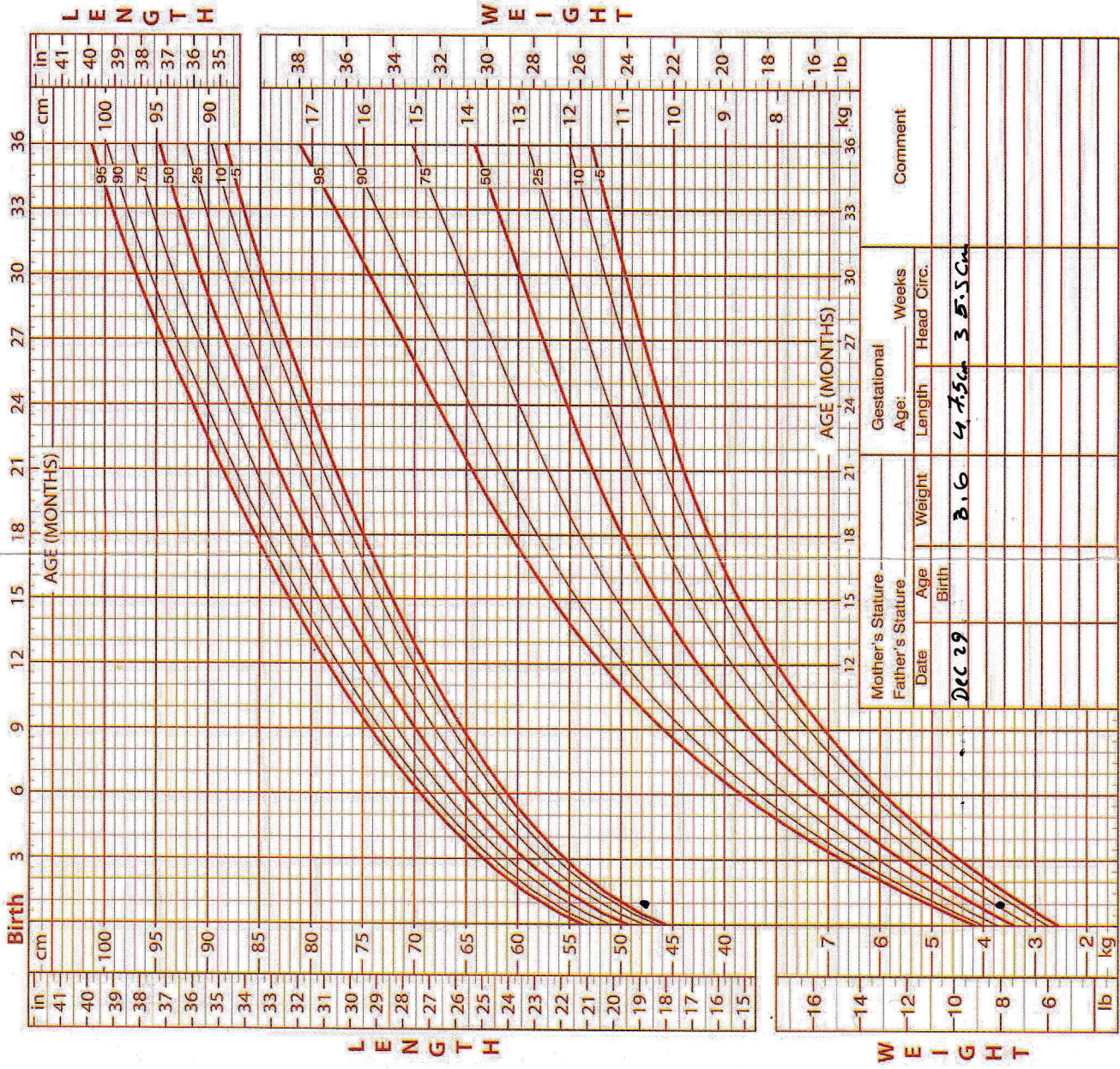


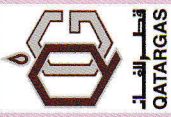
**Birth to 36 months: Girls**  
**Length-for-age and Weight-for-age percentiles**



Mother's Stature		Father's Stature		Gestational Age		Weeks	Head Circ.	Comment
Date	Age Birth	Date	Age Birth	Length	Weight			
Dec 29				47.5cm	3.5kg			

Birth 3 6 9

Published May 30, 2000 (modified 4/20/01).  
 SOURCE: Developed by the National Center for Health Statistics in collaboration with the National Center for Chronic Disease Prevention and Health Promotion (2000).  
<http://www.cdc.gov/growthcharts>



**Qatargas Operating Company Ltd.**  
**Doha Medical Center**

**Immunization Guide**  
**and Record**



*Keep Kids Healthy*

Child Name : Janella Balasta  
 Staff No. : RG 4727  
 Date of Birth : Nov 12 2014  
 Blood Type : O +ve



# YOUR CHILD'S IMMUNIZATION SCHEDULE

Birth	2 Months	4 Months	6 Months	12 Months	15 Months	18 Months	24 Months	3-4 Years	4-6 Years	11-12 Years
Nov 24	24-1-12	25.3.12	27-05-12	26-11-12 AMRCCIAA ALMCCIAA ALMCCIAA	27-12-13 TETA ALMCCIAA	29-05-13 H5520			01-04-14 A14600 AA 24/07/2016	
	24-1-12	25.3.12	27-05-12	26-11-12 AMRCCIAA ALMCCIAA ALMCCIAA	27-12-13 TETA ALMCCIAA	29-05-13 H5520			01-04-14 A14600 AA 24/07/2016	
	24-1-12	25.3.12	27-05-12	26-11-12 AMRCCIAA ALMCCIAA ALMCCIAA	27-12-13 TETA ALMCCIAA	29-05-13 H5520			01-04-14 A14600 AA 24/07/2016	

Tap (Diphtheria, Pertussis, Tetanus) + Hib (Haemophilus influenzae type b) + HBV (Hepatitis B) + IPV (Injectable Polio)  
 DTP (Diphtheria, pertussis, Tetanus) + Hib (Haemophilus influenzae type b) + HBV (Hepatitis B)  
 (DPT + Hib)

Are the vaccines recommended for routine administration to children  
 New Vaccines  
 Rescheduled

Following immunization inform the doctor/nurse if your child is suffering from:

- Epileptic fits, seizures or convulsions
- Any untoward reaction from the previous vaccinations
- Severe cough / colds with fever and not feeling well in anyway

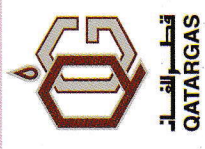
**Common Immunization Reactions**  
 Local Swelling, redness and pain at the injection site fever  
**Home Care Advice for Immunization Reactions**  
 Local Reaction at injection Site:  
 Cold Pack: 20 minutes each hour as needed  
 Fever: Give acetaminophen or Ibuprofen by mouth as needed.  
 Localized Hives: Apply 1% hydrocortisone cream OTC once or twice

## NEXT VACCINATION

Date	Vaccine

## BENEFITS OF BREASTFEEDING

- Children receive the most complete and optimal mix of nutrients & antibodies. The varying composition of breastmilk keeps pace with the infant's individual growth and changing nutritional needs.
- Have fewer incidences of vomiting and diarrhea
- Protection against gastroenteritis, necrotizing enterocolitis, ear infections, respiratory illnesses, pneumonia, bronchitis, kidney infections, septicemia (blood poisoning), allergies, asthma, eczema, and severity of allergic disease, meningitis, botulism, childhood lymphoma, Crohn's disease and ulcerative enterocolitis
- Reduced risk of chronic constipation, colic, and other stomach upsets, childhood diabetes, SIDS (sudden infant death syndrome), heart disease
- Decreased risk of tooth decay (cavities)
- Nursing promotes facial structure development, enhanced speech, straighter teeth and enhances vision.
- Breastfed infants develop higher IQs, and have improved brain and nervous system development; IQ advantage of 10-12 points studied at ages 8, 12, and 18.
- Increased bone density
- Breastfeeding plays an important role in the emotional and spiritual development of babies
- Breastfed babies enjoy a special warm bonding and emotional relationship with their mothers
- Antibody response to vaccines are higher
- Are hospitalized 10 times less than formula fed infants in the first year of life.
- The colostrum (first milk) coats the GI tract, preventing harmful bacteria and allergy-triggering protein molecules from crossing into baby's blood
- Decreased risk for vitamin E and iron deficiency anemia, acute appendicitis, rheumatoid arthritis, inguinal hernia, pyloric stenosis
- There are factors in human milk that destroy E. coli, salmonella, shigella, streptococcus, pneumococcus...and many others
- Less risk of childhood obesity



**Qatargas Doha Medical Center**

FOR MORE INFORMATION

Please Call us at:  
 4408-2444